

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 3, 2025 thru Jun 6, 2025

Non-Congregate Breakfast

Generated on: 6/2/2025 4:52:43 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/03/2025																
Non-Congregate Breakfast	Total	70														
Croissant,Sausage & Cheese '25	1 Each	70	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	69	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			436	50	558	3.81	1.73	507.0	696	0.06	39 35.4%	21.19 19.5%	57.37 52.7%	14.13 29.2%	6.95 14.4%	0.16 0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 06/04/2025																
Non-Congregate Breakfast	Total	70														
BANA CHOC-CHUNKY MONKE Y 2013	1 EACH	70	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
PEACHES,FRESH	1 EACH	1	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
PEACHES,FRESH	1 EACH	69	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			434	30	370	4.31	2.02	375.2	899	5.74	44 40.8%	14.79 13.6%	70.30 64.8%	10.72 22.2%	4.52 9.4%	0.00 0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 06/05/2025																
Non-Congregate Breakfast	Total	70														
Concha, WG PINK-'24	1 EACH	70	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	69	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			365	20	240	4.30	1.90	428.4	756	51.07	31 33.9%	14.90 16.3%	59.28 64.9%	8.61 21.2%	3.01 7.4%	0.00 0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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Rialto Unified School District

Jun 3, 2025 thru Jun 6, 2025

Base Menu Spreadsheet

Non-Congregate Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/06/2025																
Non-Congregate Breakfast	Total	70														
Muffins, Banana-Buena Vista 22	1 ea	70	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	69	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			381	35	351	2.41	1.93	376.4	626	1.84	37	13.29	60.89	9.66	2.55	0.00
% of Calories											39.4%	14.0%	64.0%	22.8%	6.0%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Weighted Average		-	404	34	380	3.71	1.89	421.8	744	14.68	38	16.04	61.96	10.78	4.26	0.04
											84.3%	15.9%	61.4%	24.0%	9.5%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	404		400 - 500	100%				
Cholesterol (mg)	34							
Sodium 1 (mg)	380		540	70%				
Fiber (g)	3.71							
Iron (mg)	1.89							
Calcium (mg)	421.8							
Vitamin A (IU)	744							
Sugars (g)	38	37.45%						
Vitamin C (mg)	14.68							
Protein (g)	16.04	15.89%						
Carbohydrate (g)	61.96	61.37%						
Total Fat (g)	10.78	24.02%	<=30.00%					
Saturated Fat (g)	4.26	9.49%	<10.00%					
Trans Fat ¹ (g)	0.04	0.09%						

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 9, 2025 thru Jun 13, 2025

Non-Congregate Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/09/2025																
Non-Congregate Breakfast	Total	70														
Waffles, Vanilla	pkg	70	271	17	226	2.26	0.00	9.0	68	0.0	14	5.65	37.27	10.17	2.82	0.00
APPLES,Fresh	1 EACH	1	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
APPLES,Fresh	1 EACH	69	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			463	32	377	5.57	0.17	367.3	642	6.35	42	15.01	70.33	12.90	4.36	0.00
% of Calories											36.2%	13.0%	60.8%	25.1%	8.5%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 06/10/2025																
Non-Congregate Breakfast	Total	70														
CEREAL,MALT-O,Marsh-Mateys'24	BOWL (2 oz.)	70	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	69	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			423	15	532	4.61	18.12	552.7	1514	12.06	59	13.05	86.09	4.83	1.53	0.00
% of Calories											55.7%	12.3%	81.3%	10.3%	3.2%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 06/11/2025																
Non-Congregate Breakfast	Total	70														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	70	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
PEACHES,FRESH	1 EACH	1	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
PEACHES,FRESH	1 EACH	69	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			444	35	390	4.31	2.02	375.2	894	5.74	43	14.79	69.30	11.72	4.52	0.00
% of Calories											39.0%	13.3%	62.4%	23.8%	9.2%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 9, 2025 thru Jun 13, 2025

Non-Congregate Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/12/2025																
Non-Congregate Breakfast	Total	70														
Cinnis, Mini	1 EACH	70	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	69	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			405	15	420	4.30	1.54	428.4	791	51.07	38 37.5%	14.90 14.7%	64.28 63.5%	9.61 21.4%	3.01 6.7%	0.00 0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 06/13/2025																
Non-Congregate Breakfast	Total	70														
Muffins, DBL ChocBuena Vista	1 ea	70	350	35	390	3.96	6.30	60.4	*N/A*	*N/A*	31	6.0	59.0	10.99	3.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	69	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			501	50	541	4.37	6.43	416.8	*546	*1.84	52 41.9%	15.29 12.2%	80.89 64.5%	13.65 24.5%	4.55 8.2%	0.00 0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Weighted Average			447	29	452	4.63	5.65	428.1	*877	*15.41	47 94.4%	14.61 13.1%	74.18 66.3%	10.54 21.2%	3.59 7.2%	0.00 0.0%
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Jun 9, 2025 thru Jun 13, 2025

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Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calcmm (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	447		400 - 500	100%													
Cholesterol (mg)	29																
Sodium 1 (mg)	452		540	84%													
Fiber (g)	4.63																
Iron (mg)	5.65																
Calcium (mg)	428.1																
Vitamin A (IU)	877				Missing												
Sugars (g)	47	41.96%															
Vitamin C (mg)	15.41				Missing												
Protein (g)	14.61	13.06%															
Carbohydrate (g)	74.18	66.34%															
Total Fat (g)	10.54	21.21%	<=30.00%														
Saturated Fat (g)	3.59	7.23%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 16, 2025 thru Jun 20, 2025

Non-Congregate Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 06/16/2025																
Non-Congregate Breakfast	Total	70														
Waffles, Fun N Fruti '24	pkg	70	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
APPLES,Fresh	1 EACH	1	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
APPLES,Fresh	1 EACH	69	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			402	50	441	5.31	1.25	366.3	575	6.35	38	14.36	64.06	10.73	3.04	0.00
% of Calories											38.2%	14.3%	63.8%	24.0%	6.8%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 06/17/2025																
Non-Congregate Breakfast	Total	70														
Cinnamon Swirls, WG 2024	Serving	70	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	69	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			513	25	276	4.60	0.48	852.4	514	0.06	58	15.05	87.06	11.82	4.02	0.00
% of Calories											45.2%	11.7%	67.9%	20.7%	7.1%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 06/18/2025																
Non-Congregate Breakfast	Total	70														
FRENCH TOAST BAR-2018	1 EACH	70	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
PEACHES,FRESH	1 EACH	1	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
PEACHES,FRESH	1 EACH	69	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
MILK,1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			444	40	350	4.31	2.02	395.2	889	5.74	42	14.79	69.30	11.72	4.02	0.00
% of Calories											38.1%	13.3%	62.4%	23.8%	8.1%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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Jun 16, 2025 thru Jun 20, 2025

Non-Congregate Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/19/2025																
Non-Congregate Breakfast HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 06/20/2025																
Non-Congregate Breakfast	Total	70														
BREAD, CHAMELEON, peach, 2017	1 EACH	70	251	50	226	2.38	1.35	27.1	203	0.97	*31	4.18	47.74	5.45	0.70	*0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	69	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			402	65	377	2.80	1.48	383.5	749	2.81	*52 *51.8%	13.47 13.4%	69.62 69.3%	8.11 18.2%	2.25 5.0%	*0.00 *0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Weighted Average			440	45	361	4.25	1.31	499.4	682	3.74	*48 *97.4%	14.42 13.1%	72.51 65.9%	10.60 21.7%	3.33 6.8%	*0.00 *0.0%
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Jun 16, 2025 thru Jun 20, 2025

Base Menu Spreadsheet

Non-Congregate Breakfast

Portion Values - Detailed

Page 3

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg) Error Messages (if any)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	440		400 - 500	100%													
Cholesterol (mg)	45																
Sodium 1 (mg)	361		540	67%													
Fiber (g)	4.25																
Iron (mg)	1.31																
Calcium (mg)	499.4																
Vitamin A (IU)	682																
Sugars (g)	48	43.31%			Missing												
Vitamin C (mg)	3.74																
Protein (g)	14.42	13.10%															
Carbohydrate (g)	72.51	65.89%															
Total Fat (g)	10.60	21.67%	<=30.00%														
Saturated Fat (g)	3.33	6.81%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 23, 2025 thru Jun 27, 2025

Non-Congregate Breakfast

Generated on: 6/2/2025 4:50:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/23/2025																
Non-Congregate Breakfast	Total	3200														
BURRITO, Brkft. Bn&Ch-Wh-Gr-2 017	1 EACH	3200	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
APPLES, Fresh	1 EACH	1	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
APPLES, Fresh	1 EACH	3199	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			256	21	275	7.21	0.93	216.5	274	6.35	15	10.84	38.05	7.69	3.67	0.00
% of Calories											24.1%	16.9%	59.4%	27.0%	12.9%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 06/24/2025																
Non-Congregate Breakfast	Total	70														
UBR - BRKFST CINN ROUND	1 EACH	70	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	69	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			493	20	342	7.90	0.80	382.5	522	0.07	55	14.05	83.09	10.83	4.53	0.00
% of Calories											44.6%	11.4%	67.4%	19.8%	8.3%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 06/25/2025																
Non-Congregate Breakfast	Total	70														
BAR, DOUBLE CHOC CHIP	1 EACH	70	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
PEACHES, FRESH	1 EACH	1	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
PEACHES, FRESH	1 EACH	69	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.02	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			424	15	380	6.31	2.92	375.2	889	5.74	42	14.79	70.30	10.72	4.02	0.00
% of Calories											39.9%	14.0%	66.3%	22.8%	8.5%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Jun 23, 2025 thru Jun 27, 2025

Non-Congregate Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/26/2025																
Non-Congregate Breakfast	Total	70														
POP TARTS, Wh.Gr Strawberry '24	PKG. of (2 ea)	70	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	69	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			525	15	510	8.30	3.70	588.4	1716	51.07	53	13.90	100.28	7.11	3.51	0.00
% of Calories											40.4%	10.6%	76.4%	12.2%	6.0%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 06/27/2025																
Non-Congregate Breakfast	Total	70														
Mini Brkfst Apple Bites '25	1 EACH	70	260	0	140	2.96	1.50	39.8	*N/A*	*N/A*	14	6.0	37.99	9.98	4.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	69	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	70	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			418	15	290	4.89	1.50	389.8	*534	*0.00	35	15.00	61.62	12.48	6.00	0.00
% of Calories											33.3%	14.3%	58.9%	26.9%	12.9%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Weighted Average			423	17	359	6.92	1.97	390.5	*787	*12.65	40	13.72	70.67	9.77	4.35	0.00
											85.2%	13.0%	66.8%	20.8%	9.2%	0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Jun 23, 2025 thru Jun 27, 2025

Non-Congregate Breakfast

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	423		400 - 500	100%													
Cholesterol (mg)	17																
Sodium 1 (mg)	359		540	67%													
Fiber (g)	6.92																
Iron (mg)	1.97																
Calcium (mg)	390.5																
Vitamin A (IU)	787					Missing											
Sugars (g)	40	37.88%				Missing											
Vitamin C (mg)	12.65																
Protein (g)	13.72	12.96%															
Carbohydrate (g)	70.67	66.76%															
Total Fat (g)	9.77	20.76%	<=30.00%														
Saturated Fat (g)	4.35	9.24%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Jun 30, 2025 thru Jun 30, 2025

Base Menu Spreadsheet

Non-Congregate Breakfast

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/30/2025																
Non-Congregate Breakfast	Total	3200														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	3200	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Cralsins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Cralsins	1/4 Cup	3199	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			503	26	448	4.61	1.92	232.1	1093	0.06	63	13.11	91.71	9.49	3.12	0.00
% of Calories											49.8%	10.4%	72.9%	17.0%	5.6%	0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Weighted Average			503	26	448	4.61	1.92	232.1	1093	0.06	63	13.11	91.71	9.49	3.12	0.00
											112.1%	10.4%	72.9%	17.0%	5.6%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	503		400 - 500					
Cholesterol (mg)	26							
Sodium 1 (mg)	448		540					
Fiber (g)	4.61							
Iron (mg)	1.92							
Calcium (mg)	232.1							
Vitamin A (IU)	1093							
Sugars (g)	63	49.81%						
Vitamin C (mg)	0.06							
Protein (g)	13.11	10.42%						
Carbohydrate (g)	91.71	72.89%						
Total Fat (g)	9.49	16.96%	<=30.00%					
Saturated Fat (g)	3.12	5.58%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

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